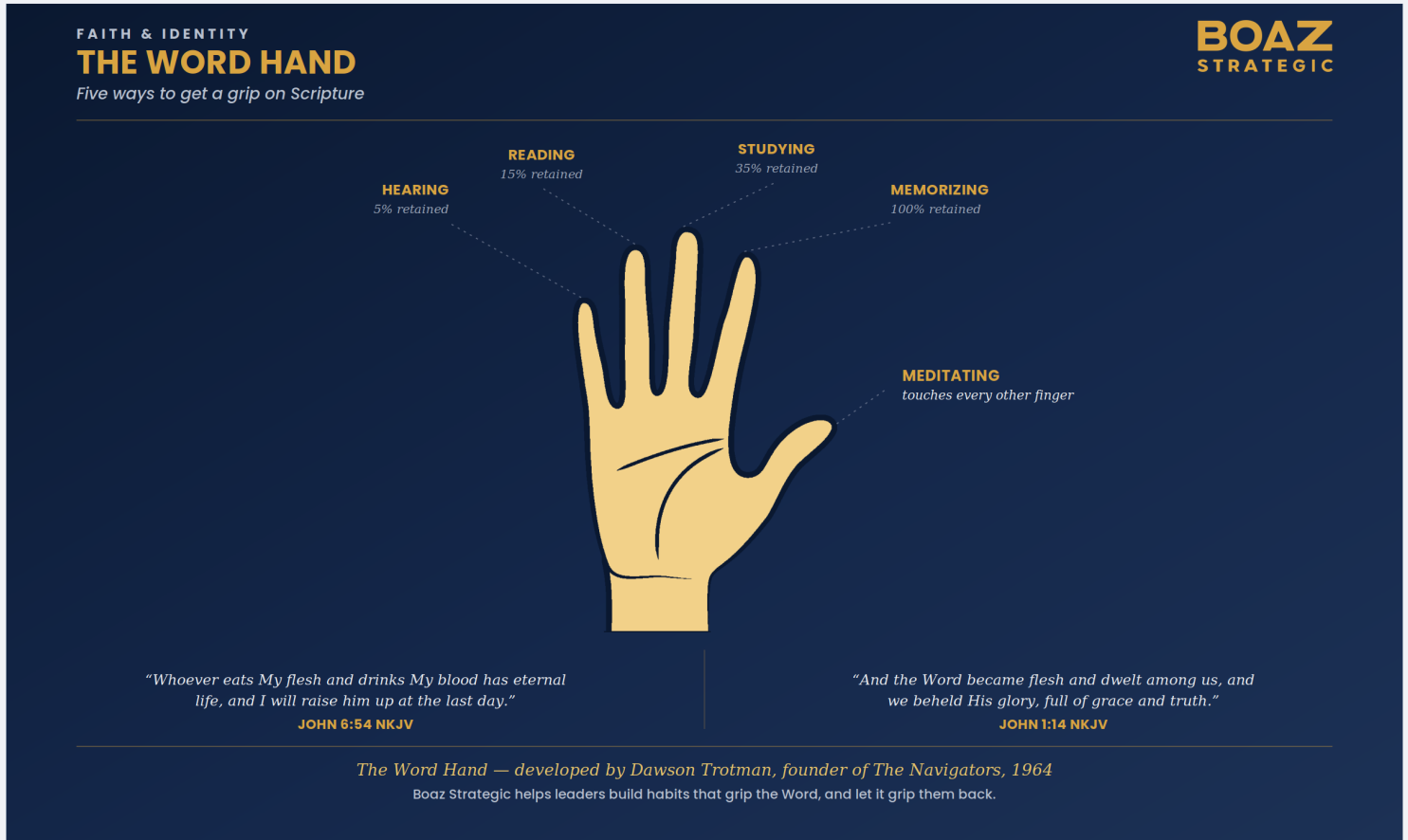




Is Scripture something you skim, or *grip*?

“ *A hand with no thumb can hold a book.
It takes the thumb to hold what's inside it.* ”

Tim Walterbach, a business owner and real estate developer, has for years studied and meditated on one chapter of the Bible a week.

He looks for what Jesus is showing him through that moment in history.

Dave Jewitt, founder of Your One Degree, teaches a simpler picture: a hand. Each finger is a way of taking in Scripture — hearing, reading, studying, and memorizing.

He learned it from a friend in college — traced to Dawson Trotman, The Navigators, 1964.

The thumb is meditation. It's the only finger that can touch all four others — which is the point. Meditation is what turns hearing, reading, studying, memorizing into change.

Tim adds his own rhythm: daily time in Psalms and Proverbs, and stillness with the Lord.

Neither man treats this as complicated. Both speak of being compelled by the love of Christ to His Word.

At Boaz Strategic, we help leaders build habits that grip the Word, and let it grip them back.