

FAITH & IDENTITY

THE 10 SECOND RULE

Just do the next thing you're reasonably certain Jesus wants you to do

BOAZ
STRATEGIC

Based on "The 10-Second Rule: Following Jesus Made Simple" by Clare De Graaf



Wait past the ten seconds, and the excuses arrive — you don't have time, it might get messy, someone else will do it. The moment for obedience passes, often to your relief.

"Delayed obedience is disobedience." — Mrs. Charles E. Cowman, Streams in the Desert

Boaz Strategic helps leaders build the habit of immediate, simple obedience.

Do you obey the nudge, or *talk it away*?

“ *Delayed obedience is disobedience.*
— Mrs. Charles E. Cowman

Clare De Graaf wrote a book built around one simple habit: when the Holy Spirit prompts you, act within ten seconds.

Just do the next thing you're reasonably certain Jesus wants you to do.

Or He brings someone to mind. These promptings usually fall into a few categories — a reminder, a warning, or specific guidance.

Wait past the ten seconds, and another voice shows up: you don't have time, it could get messy, someone else will handle it.

If you talk yourself out of it, the moment for obedience passes — often to your relief. Do that enough times, and you've quietly trained yourself into a habit of disobedience.

The reverse is also true. Small, immediate obedience builds the kind of character that's ready when the bigger moments come.

None of this requires certainty. It only requires being reasonably sure, and moving.

At Boaz Strategic, we help leaders build the habit of immediate, simple obedience.