

MARRIAGE & FAMILY

THE HOME BOARD MEETING

A weekly rhythm that keeps ambition from costing you your family

BOAZ
STRATEGIC

THIS WEEK'S AGENDA
Calendar, hotspots, who needs what

SETS THE PACE

EXPECTATIONS
Who carries what, and when

NON-NEGOTIABLES
Dinner, games, church — don't move

WHAT THE MEETING COVERS

- This week's shared calendar and hotspots
- Expectations for who carries what
- Non-negotiables that don't move
- Which season you're both in right now
- Words of appreciation before problems

HOW TO PACE A GRIND SEASON

- Name the season and its end date out loud —
- Set 2–3 milestones that mark real progress —
- Schedule the reprieve before the grind begins —
- Protect one non-negotiable no matter what —
- Debrief the season before starting the next —

"We can all do hard things for a season — no one can do hard things forever."

Boaz Strategic helps leaders pace ambition without losing what matters most.

Does your family know *the season you're in?*

“ *We can all do hard things for a season — no one can do hard things forever.* ”

Every high-capacity leader eventually enters a season that pulls them away from the family rhythm they've built. That's not the problem.

The problem is doing it without naming it out loud.

A Home Board Meeting is a short weekly sit-down with your spouse — not a status update, but a real conversation about the week's agenda, who's carrying what, and which non-negotiables don't move.

Family dinner. A kid's game. Church on Sunday. Name the two or three things that stay fixed no matter how demanding the season gets.

Every grind season needs an end date, spoken out loud before it begins. Set two or three milestones that mark real progress — not just busyness — so everyone knows what you're working toward.

Just as important: plan the reprieve before the grind starts. A weekend away, a lighter week, a return to normal rhythm — scheduled, not hoped for.

We can all do hard things for a season. No one can do hard things forever.

At Boaz Strategic, we help leaders pace ambition without losing what matters most along the way.